

Picture yourself on this road not knowing if you are SAFE



Can you see yourself in this picture; following a path which seemingly leads to a welcome rest?

"There is a path *that seems* right to a man, But its end *is* the way of death." Proverbs 16:25

I ask because earlier this week I spent nearly an hour on the phone coaching and answering the questions of a desperate mother concerning her son addicted to *Methamphetamine, (also called meth, crystal, chalk, and ice, among other terms) an extremely addictive stimulant drug. Meth has become his cruel **Task-Master**, not the relief he was searching for!

As is often the case with "drug stimulate" users, this young man experiences *long periods of depression; "meth" has become his self-medicating escape if only for a few

hours. **"There is a path that seemed right to a man."** Tragically, this young man's future is *very uncertain* and needs your prayers; his life is an example of the many choices for deceptive escapes presented in the world for all of us! Certain areas in our lives can seem overwhelming and out-of-control at times, and we need a friend to help us talk and think through our options and possibilities! At times, all of us are in need of a **Coach/Mentor** to talk to; someone who has our best interests at heart and has earned the right to speak into our lives because of a trusting relationship; **how many kids who are in serious trouble do you know who have access to such a "COACH"?**

Here at Southern Colorado YFC, during the month of May, we are conducting a 16- hour training for our volunteer staff in the basics of Coach/Mentoring; equipping our staff to better empower the kids we encounter ever week ***to live the life they were meant to live*** and become a life-long follower of Jesus Christ! You are welcome to take advantage of such high-caliber training if having these skills is something that interests you. Please contact Denise or myself at our office (719-471-0333) to find out more about this incredible opportunity for professional and personal development.

Finally, please know that the troubled kids of our communities depend upon the Faith Community for teaching and living out Biblical truth, morals, and values; they depend upon you and me as no one else is telling them how to live with godly purpose and forgiveness! So I challenge you to do all God is asking of you to help our troubled youth of this community and we commit to you we will do the same! Come join us as a volunteer Coach/Mentor, tell your story as a Special Speaker at a facility, play in our charity golf tournament August 24th; these are just a few ways you can join us...

Blessings myfriends,

Craig Rosentrater

Executive Director

719-471-0333

PS...Our new website is currently undergoing a complete overhaul and is under construction, we are very excited for what's to come...watch for it this month!

**Methamphetamine increases the amount of neurotransmitter dopamine, leading to high levels of that chemical in the brain. Dopamine is involved in reward, motivation, the experience of pleasure, and motor function. Methamphetamine's ability to release dopamine rapidly in reward regions of the brain produces the euphoric "rush" or "flash" that many users experience. Repeated methamphetamine use can easily lead to addiction; often after only one use a cycle of chronic relapsing characterized by compulsive drug seeking and continual use.*

**If you or someone you know is experiencing seasons of deep depression, please seek immediate help from a professional Christian Counselor. Call our office for a list of possible referrals.*